

Amendment to the Claims

This listing of claims will replace all prior versions and listings of claims in this application:

Listing of claims:

24. (currently amended) A method of enhancing exercise endurance in a subject undertaking exercise comprising administering to the subject an effective amount of a composition to enhance the exercise endurance of the subject, wherein the composition comprises comprising (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof, as active ingredient, and enhancing the ability of the subject to continuously perform a particular physical activity.

25. (currently amended) A method of enhancing exercise endurance in a subject undertaking exercise comprising administering to the subject an effective amount of a composition to enhance the exercise endurance of the subject, wherein the composition comprises comprising (-)-hydroxycitric acid or a water-soluble salt of (-)-hydroxycitric acid as active ingredient, and enhancing the ability of the subject to continuously perform a particular physical activity.

26. (previously presented) The method of claim 24 wherein the active ingredient originates from an extract of *garcinia pericarps* containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof.

27. (previously presented) The method of claim 25 wherein the active ingredient originates from an extract of *garcinia* pericarps containing (-)-hydroxycitric acid or a lactone form thereof, or a salt thereof.

28. (previously presented) The method according to claim 26, wherein the *garcinia* is *Garcinia cambogia*, *Garcinia indica* or *Garcinia atroviridis*.

29. (previously presented) The method according to claim 27, wherein the *garcinia* is *Garcinia cambogia*, *Garcinia indica* or *Garcinia atroviridis*.

30. (previously presented) The method according to claim 25 wherein the water-soluble salt of (-)-hydroxycitric acid is the sodium salt or the potassium salt.

31. (previously presented) The method according to claim 27, wherein the water-soluble salt of (-)-hydroxycitric acid is the sodium salt or the potassium salt.

40. (previously presented) The method of any one of claims 24-31 wherein the composition further comprises a food.

41. (previously presented) The method of claim 40, wherein the food is a confection, a drink, a sport food, a sport drink, a health food, a seasoning, a food ingredient, a noodle, a bakery food, a cereal food or a retort food.